



Bullpen Fitness* 4324 Boston Road* Roxboro NC* 27574

RAW ONLY!!!!!!!

Official Entry Form

OFFICE USE ONLY: Bodyweight: _____ Division(s): _____ / _____ Class(es): _____ / _____

Entry forms can also be downloaded from www.ncmegamuscle.com

Early Weigh- In: Friday 5pm-7pm @ Bullpen	Saturday 7:00am-9:00am@Bullpen
Entry Fees: \$55	Crossover: \$25
Tickets: Adults: \$5	Students (6-12years) \$3
	Children under 6 years: FREE

Rules Meeting: 9:30am Lifting Begins: 10:00am

Payable to: Tony Mattos* 4324 Boston Road* Roxboro NC* 27574 336-330 BULL

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Age: _____ Gym: _____

Email: _____

Formula will be used in Women, Masters and to determine Best lifters

Women Weight Classes: Light [145 & Under]	Heavy [146 & Over]
Men Weight Classes: 132 148 165 181 198 220 242 275+	
Men Master: 40 – 49	50 – Over

In consideration of my acceptance of this entry, I hereby for myself, executor, and administrators waive and release all rights and claims for damage or injury which I may incur by virtue of my competing in the Bending The Bar as against Bullpen Fitness, Tony Mattos, Meet volunteers and sponsors. I also realize that the sport of power lifting is a high risk sport, and I could be injured. I certify that I am in good health and have no serious health problems, and assume full responsibility for such condition. In addition, I waive all rights to any pictures and video taken at this event. I have read and fully understand the waiver and assume all risk for injury, and do hereby verify with my signature. If you are under the age of 18, a parent signature is required.

Signature

Date

For more info: Contact Tony Mattos @336-330 Bull or Gloria Knight-McNeil @919 451-8202