

B & S BODYBUILDING PRESENTS

THE 2019 ALAMANCE BODYBUILDING SHOW

OPEN TO ALL COMPETITORS FROM ANYWHERE

NAME: _____ **FOR OFFICIAL USE ONLY** _____

ADDRESS: _____

EMAIL: _____

AGE: _____ PHONE: _____

EARLY REGISTRATION - FRIDAY JULY 12TH, 2019, 5:PM - 8:PM AT THE EDGE FITNESS, 2950 SOUTH CHURCH STREET, BURLINGTON, NC 27215

REGISTRATION & WEIGH-INS - SATURDAY JULY 13TH, 2019, 7:AM - 9:AM AT PARAMOUNT THEATER, 128 EAST FRONT STREET, BURLINGTON, NC 27215

SHOW TIMES - MORNING ATHLETES BRIEFING: 9:30AM, PREJUDGING: 10:30AM, EVENING ATHLETE'S BRIEFING: 5:30PM AND FINALS: 6:00PM

OPEN CLASSES

MEN BODYBUILDING

- LIGHT (165 & UNDER)
- MIDDLE (OVER 165 – 185)
- LHW (OVER 185 – UNDER 200)
- HEAVY (200 & OVER)

WOMEN FIGURE

- CLASS A (5'5" & UNDER)
- CLASS B (OVER 5'5")

MEN CLASSIC BODYBUILDING

- CLASS A (5'8" & UNDER\180LBS & UNDER)
- CLASS B (OVER 5'8"\ OVER 180LBS)

WOMEN BIKINI

- CLASS A (5'5" & UNDER)
- CLASS B (OVER 5'5")

MEN PHYSIQUE

- CLASS A (5'9" & UNDER)
- CLASS B (OVER 5'9")

- WOMEN PHYSIQUE - (1 CLASS)**

MEN BEACH BODY

- CLASS A (5'8" & UNDER)
- CLASS B (OVER 5'8")

WOMEN BEACH BODY

- CLASS A (5'5" & UNDER)
- CLASS B (OVER 5'5")

MASTER CLASSES

MEN MASTERS BODYBUILDING

- 60+
- 50+
- 35+

- WOMEN MASTERS PHYSIQUE 35+ (1 CLASS)**

- MEN MASTERS PHYSIQUE 35+ (1 CLASS)**

- WOMEN MASTERS FIGURE 35+ (1 CLASS)**

- WOMEN MASTERS BIKINI 35+ (1 CLASS)**

NOVICE CLASSES

MEN NOVICE BODYBUILDING

- LIGHT (175 & UNDER)
- HEAVY (OVER 175+)

TEEN CLASSES

- WOMEN TEEN BIKINI - (1 CLASS)**

- MEN TEEN BODYBUILDING - (1 CLASS)**

AWARDS: 1ST THRU 3RD PLACES

**ANY GYM OR PERSONAL TRAINING STUDIO
WITH THE MOST COMPETITORS WILL
RECEIVE AN AWARD**

ENTRY FEES

**LATE FEE APPLIES POST MARKED
AFTER JUNE 29TH, 2019
ADD \$50 TO ALL LATE ENTRIES!**

2019 ALAMANCE BODYBUILDING SHOW

SINGLE CLASS: \$70 – CROSSOVER: \$45
LATE FEE: \$50 – WALK-INS: \$130
COACHES PASS - \$50

ENTRY FREE MUST BE PAID BY CASHIER'S
CHECK OR MONEY ORDER.

NO PERSONAL CHECKS!
NO NON REFUNDABLE!

RETURN ENTRY FORM AND
FEES PAYABLE TO:

BOBBY BOYD
2966 SOUTH CHURCH STREET
SUITE 201
BURLINGTON, NC 27215

**NOTE: LATE FEE APPLIES AFTER
JUNE 29TH, 2019
ADD \$50 TO ALL LATE ENTRIES!**

TICKETS

PREJUDGING: 10:30AM - \$10

FINALS: 6:00PM - \$20

COMBO: \$30

COACHES PASS: \$50

CHILDREN UNDER 12

PREJUDGING: 10:30AM - \$5

FINALS: 6:00PM - \$15

COMBO: \$20

B & S BODYBUILDING PRESENTS THE 2019 ALAMANCE BODYBUILDING SHOW

EMCEE USE ONLY

BIO SHEET

NUMBER _____

DIVISION _____

PLEASE COMPLETE THIS FOR THE EMCEE

AND RETURN WITH YOUR ENTRY FORM

CLASS _____

YOUR ENTRY FORM, INCLUDING THE BIO SECTION MUST BE FULLY COMPLETED AND SIGNED. SEND APPLICATION ALONG WITH YOUR ENTRY FEES TO:
BOBBY BOYD ✦ CONTEST PROMOTER ✦ 2966 SOUTH CHURCH STREET ✦ SUITE 201 ✦ BURLINGTON ✦ NC 27215
ENTRY FEES MUST BE PAID BY CASHIER'S CHECK OR MONEY ORDER. **NO PERSONAL CHECKS!** - **NON REFUNDABLE!**

***MORE INFORMATION** ✦ CALL ✦ BOBBY 336 ✦ 269 ✦ 4287 OR AL 336 ✦ 214 ✦ 4022 ✦ EMAIL ✦ BANDSBODYBUILDING@GMAIL.COM ✦

✦ **CONTEST RULES** ✦ FOR COMPLETE LIST OF COMPETITION RULES VISIT WWW.NCMEGAMUSCLE.COM

QUALIFICATIONS FOR CHAMPION OF CHAMPIONS: ANY COMPETITOR (MALE BODYBUILDING AND PHYSIQUE) OR (FEMALE FIGURE AND BIKINI) THAT HAS PLACED TOP 3 IN THEIR DIVISIONS IN THE FOLLOWING EVENTS: MEGA MUSCLE EXPO, GK CLASSIC CHAMPIONSHIPS, STEVE BROADWAY CLASSIC OR B&S BODYBUILDING.

✦ **ALL COMPETITORS** ✦ **NO** THONGS ARE PERMITTED. **NO** PROFANITY OR VULGAR MUSIC WILL BE PLAYED! COMPETITORS WILL PERFORM A 60 SECOND ROUTINE IN THE EVENING FINALS. PLEASE PROVIDE 2 CDS (JUST IN CASE OF MALFUNCTION) 60 SECONDS MAXIMUM-ONLY ONE SONG PER CD ALLOWED!

✦ **BODYBUILDING COMPETITORS** ✦ MORNING SHOW: SOLID COLOR POSING SUITS, JEWELRY IS **NOT** ALLOWED, WEDDING BANDS ARE OK. EVENING SHOW: POSING SUIT WITH GLITTER IS OK, JEWELRY IS ALLOWED.

✦ **CLASSIC BODYBUILDING COMPETITORS** ✦ COMPETITORS ARE REQUIRED TO WEAR "CLASSIC POSING SWIM SUIT". BEACH BODY OR BOARD SHORTS ARE **NOT** ALLOWED. SEE THIS LINK FOR AN EXAMPLE; WWW.ANDREASCAHLING.COM/CLASSIC-POSING-SWIM-SUIT.ASPX.

✦ **PHYSIQUE COMPETITORS** ✦ WOMEN'S PHYSIQUE COMPETITORS WILL COMPETE IN A TWO PIECE SUIT AND SUITS DO NOT HAVE TO BE SOLID COLOR. COMPETITORS CAN COMPETE IN AN OFF THE RACK SUIT AND THE SUITS MUST BE IN GOOD TASTE. JEWELRY IS ALLOWED. MEN'S PHYSIQUE COMPETITORS WILL COMPETE IN BOARD SHORTS. SHORTS MUST BE JUST ABOVE THE KNEE AND CAN BE UP TO ONE INCH BELOW THE NAVEL. **NO** SPANDEX OR LOGOS ARE PERMITTED ON THE SHORTS, HOWEVER A MANUFACTURER'S LOGO SUCH AS NIKE OR BILLABONGS SYMBOLS ARE ACCEPTABLE.

✦ **FIGURE AND BIKINI COMPETITORS** ✦ BIKINI AND FIGURE COMPETITORS: TWO PIECE BIKINI OR TWO PIECE SWIMSUIT WILL BE WORN FOR ALL ROUNDS, JEWELRY IS ALLOWED ROUND ONE [MORNING] AND ROUND TWO [EVENING] WILL BE CONDUCTED FOR THE FIGURE AND BIKINI COMPETITIONS. NO LEWD ACTS ARE PERMITTED.

✦ **BEACH BODY COMPETITORS** ✦ WOMEN COMPETITORS WILL COMPETE IN A TWO-PIECE SWIMSUIT WHICH CAN BE AN OFF THE RACK SUIT AND MUST BE IN GOOD TASTE. **NO** JEWELRY, SMALL EARRINGS AND WEDDING BANDS ARE ALLOWED. MEN COMPETITORS WILL WEAR SHORTS OR ANY TYPE THAT FALLS AT LEAST MIDWAY BETWEEN THE QUADS.

NAME _____ AGE _____

CITY & STATE _____ GYM OR SPONSOR _____

OCCUPATION _____

WHAT ARE YOUR HOBBIES? _____

PLEASE INCLUDE A **BRIEF** DESCRIPTION OF YOUR PARTICIPATION IN ANY BODYBUILDING OR ATHLETIC EVENTS.

REQUIREMENTS & WAIVER OF CLAIMS — READ CAREFULLY AND SIGN BELOW:

I HAVE PAID ALL REQUIRED FEES TO ENTER THE CONTEST. IN CONSIDERATION OF YOUR ACCEPTANCE TO THIS ENTRY FORM AND FEE, I WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGES AGAINST THE FOLLOWING PERSONS AND ORGANIZATIONS, BOBBY BOYD, AL SMITH, PARAMOUNT THEATER, AND ALL THEIR SPONSORS, ASSOCIATION, STAFF, ADMINISTRATORS, OFFICIALS, AGENTS, AND EMPLOYEES. THIS WAIVER APPLIES TO ANY INJURIES I MAY ACQUIRE WHILE TRAVELING TO AND FROM THE CHAMPIONSHIPS AT THE CONTEST SITE. I FURTHER AGREE TO ABIDE BY DECISIONS OF THE OFFICIALS. I DECLARE THAT ALL THE INFORMATION CONTAINED WITH THIS APPLICATION IS TRUE TO THE BEST OF MY KNOWLEDGE, AND IS CORRECT AND COMPLETE. I FURTHER AGREE TO HOLD HARMLESS, WAIVE AND RELEASE ALL RIGHTS [PHOTOS, NAME AND LIKENESS, FOR MEDIA NEWSPAPER/TV VIDEO MAGAZINES] FOR THE 2019 ALAMANCE BODYBUILDING SHOW. I HAVE CAREFULLY READ ALL OF THIS INFORMATION AND UNDERSTAND IT. MY SIGNATURE BELOW CONSTITUTES MY UNDERSTANDING TO THE ABOVE WAIVERS.

CONTESTANT SIGNATURE _____ DATE _____

SIGNATURE OF GUARDIAN _____ DATE _____